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## **The Just Bento Cookbook Everyday**

In 2003 she started a blog about Japanese cooking called Just Hungry, and in 2007, a companion blog about bento box lunches called Just Bento. Just Hungry is the most popular blog about Japanese cooking in English, and Just Bento boasts more than

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and millions of page  
views a month.  
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## **The Just Bento Cookbook: Everyday Lunches To Go: Itoh**

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Healthy, attractive, and  
economical--bento-box  
meals will revolutionize  
your lunchtimes. Let  
Makiko Itoh, the Net's  
leading bento blogger,

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## Cookbook

get you started on your bento journey! Healthy, attractive, and economical--bento-box meals will revolutionize your lunchtimes.

### **The Just Bento Cookbook: Everyday Lunches to Go**

To ensure fast and even cooking, cut the peppers into small, regular cubes. 1/2 Tbsp olive or other vegetable oil. 3 Tbsp roughly chopped green

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onion. 2 tsp peeled and finely chopped fresh ginger. 1/3 each medium-sized red, green, and yellow sweet peppers, de-seeded and cut into 1/2 inch (1 cm) ...

## **The Just Bento Cookbook: Everyday Lunches To Go Kindle Edition**

The Just Bento Cookbook clearly illustrates step-by-step methods, provides



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variations on themes,  
and delivers the same  
approachable type of  
instruction provided on  
the aforementioned  
sites. It does not  
overwhelm, but is not  
condescending, so it is  
a helpful tool for both  
the beginner and the  
experienced bento  
maker.

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## Cookbook

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twenty-five attractive bento menus and more than 150 recipes, all of which have been specially created for this book and are divided into two main sections, Japanese and Not-so-Japanese.

## **Japanese Cookbook for Everyday Cooking**

Real Bento: Fresh and Easy Bentos from a Japanese Working Mom is a cookbook by a

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popular bento blogger in Japan called Kanae Inoue. She takes a very pragmatic, streamlined approach to making bentos, based on her years of making them for her three children for many years - a boy (who is now in college and living away from home) and two girls.

## **Bento**

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### Cookbook

Cookbook: Everyday Lunches To Go Makiko Itoh. 4.7 out of 5 stars 831. Paperback.

\$18.91. Japanese Cookbook for Beginners: Classic and Modern Recipes Made Easy Azusa Oda. 4.4 out of 5 stars 115. Paperback. \$16.99.

## **Just One Cookbook Essential Japanese Recipes**

In The Just Bento Cookbook 2, Makiko

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Itoh offers tips, tricks, and strategies to help busy people everywhere. Here are 48 menus and 200 all-new recipes for make-ahead or quick-to-assemble bento dishes that also feature many vegetarian and low-carb options.

## **The Just Bento Cookbook 2: Make- Ahead, Easy, Healthy ...**

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Cookbook: Everyday Lunches to Go retails for \$19.95, but is much cheaper at Amazon, where there are also sample recipes. This book will inspire you. It may inspire you to create...

## **Review: The Just Bento Cookbook: Everyday Lunches to Go**

Turn an everyday favourite into an edible centrepiece with kawaii

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sushi creations from  
celebrity bento artist,  
Little Miss Bento,  
Shirley Wong. In this  
handy cookbook,  
Shirley shares fresh  
ideas for making deco  
sushi – dainty,  
attractive morsels of  
rice – that are not only  
a feast for the eyes,  
but for the palate as  
well.

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**Go ...**

With 25 delicious recipes (using multiple types of protein, including chicken, pork, shrimp, salmon, and tofu), this book offers great options for a changing and delicious meal every day of the week. Child-friendly recipes that are filling for adults as well fill this book, and the recipes are easy to follow and prepare the night before or the

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Cookbook contains  
twenty-five attractive  
bento menus and more  
than 150 recipes, all of  
which have been  
specially created for  
this book and are  
divided into two main  
sections, Japanese and  
Not-so-Japanese. The

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Japanese section includes classic bento menus such as Salted Salmon Bento and Chicken Karaage Bento, while the Not-so-Japanese section shows how Western food can be adapted to the bento concept, with delicious menus such as Summer Vegetable Gratin Bento and Everyone Loves ...

**The Just Bento  
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## Cookbook

### **Lunches To Go**

Bento fever is sweeping the world fuelled by its promise of superb food that is economical and healthy in these tough economic times. "The Just Bento Cookbook" contains 25 attractive bento menus and more than 150 recipes, all of which have been specially created for this book.

**The Just Bento**

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## **Cookbook: Everyday Lunches to Go | Eat Your ...**

A leading light in the popularization of bento has been Makiko Itoh, whose blog, Just Bento, has nearly 160,000 subscribers in the U.S. alone, all of whom love her delicious recipes and practical bento-making tips. Now, for the first time, Itoh's expertise has been packaged in book form.

The Just Bento

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Cookbook contains 25  
attractive bento menus

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From the creators of the website Japanese Cooking 101, Simply Bento is a complete collection of over 140 delicious and healthy bento recipes for everyone in the family. Ready to make lunch quick, eas... More



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From Just Bento:

Chicken and Three-  
Color Pepper Stir-fry  
Bento This beginner  
bento is made with  
everyday ingredients  
that you may already  
have in your pantry. It  
can be assembled in  
twenty minutes or less  
without any advance  
preparation. It's a good  
one to start your bento-  
making adventures  
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